

Joint Informational Hearing

Back in School: Addressing Student Well-being in the Wake of COVID-19

Background Materials (*Not an Exhaustive List*)

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I Student Mental Health, Pandemic Trauma and Recovery

- Education in a Pandemic: The Disparate Impacts of COVID-19 on America’s Students – <https://www2.ed.gov/about/offices/list/ocr/docs/20210608-impacts-of-covid19.pdf> (Federal Department of Education Office of Civil Rights)
- Student Mental Health – <https://www.edweek.org/leadership/the-pandemic-will-affect-students-mental-health-for-years-to-come-how-schools-can-help/2021/03>
- COVID-19 Impacts - <https://edpolicyinca.org/publications/covid-19-impacts-student-learning>
- The Coronavirus Pandemic: Mental Health One Year Later - <https://developingchild.harvard.edu/qa-the-coronavirus-pandemic-mental-health-one-year-later/>
- Missing and Disengaged Students - <https://www.nea.org/advocating-for-change/new-from-nea/finding-lost-students-pandemic>
- Students of Color - <https://www.americanprogress.org/issues/education-k-12/news/2020/07/28/488044/mental-health-support-students-color-coronavirus-pandemic/>
- Native American Students - <https://www.aclunc.org/sites/default/files/ACLU%20Humboldt%20report%2010%2026%2020%20final%20web.pdf>
- Help for Students in Crisis - <https://www.cde.ca.gov/ls/cg/mh/studentcrisishelp.asp> (California Department of Education)
- Coping Under COVID-19 - [Coping-Under-Covid_jw.pdf \(fredla.org\)](#)
- COVID-19 and Children’s Mental Health - <https://lhc.ca.gov/event/hearing-covid-19-and-children%E2%80%99s-mental-health-part-1>

- Helping Students with Loss - <https://edsources.org/2021/how-schools-help-students-who-lost-loved-ones-to-covid/659527>
- Student Wellness Factsheet - <https://www.documentcloud.org/documents/21041273-state-of-student-wellness-2021-fact-sheet>
- New Federal Funding for Student Mental Health – <https://www.edweek.org/policy-politics/to-get-billions-in-covid-19-aid-states-pledge-focus-on-mental-health-learning-recovery/2021/06>
 - California’s Plan - <https://oese.ed.gov/offices/american-rescue-plan/american-rescue-plan-elementary-and-secondary-school-emergency-relief/stateplans/>

II Expanded Learning, Student Re-engagement

- Learning Well: Beyond the Pandemic - <https://edsources.org/2021/reading-writing-and-bike-riding-how-schools-spent-summer-to-help-students-recover-from-pandemic/658841>
- COVID and Summer Learning - [California summer school reshaped by COVID - Los Angeles Times \(latimes.com\)](https://www.latimes.com/california/story/2021-06-01/california-summer-school-reshaped-by-covid-19)
- Learning Support - [Stronger Together: Mental Health - Health Services & School Nursing \(California Department of Education\)](https://www.cde.ca.gov/ls/strngtr/stronger-together-mental-health-health-services-school-nursing)
- Expanded Educational Opportunities & Summer Instruction - <https://schools.covid19.ca.gov/>
- Summer Learning Guide - [2021 California Summer Learning Guide - Summer Learning](https://www.cde.ca.gov/ls/strngtr/2021-california-summer-learning-guide)
- Summer Interventions - <https://www.edutopia.org/article/boldly-bring-them-back-interventions-student-reengagement-and-dropout-prevention>
- Afterschool and Summer Support – <http://www.afterschoolalliance.org/covid/>
- Educational Equity - <https://www.brookings.edu/blog/brown-center-chalkboard/2021/04/29/covid-19-the-educational-equity-crisis-and-the-opportunity-ahead/>
- Reimagine and Rebuild - https://reimaginecaschools.org/wpcontent/uploads/2021/04/Reimagine_and_Rebuild_Brief.pdf

- Expanded Learning in School Reopening - <https://www.partnerforchildren.org/resources/2020/8/3/expanded-learning-in-school-reopening>
- Tools and Strategies to Re-engage Students - <https://whytry.org/tools-and-strategies-to-motivate-students-and-re-engage-attendance/>
- Back to School - <https://www.usatoday.com/story/life/2021/08/01/back-to-school-tips-help-kids-adjust-post-covid/7940286002/>
- Counseling Resources - <https://covid19k12counseling.org/>

III Social Emotional Learning (SEL), Student Enrichment, Ongoing Support

- Focus on Social-Emotional Health - <https://edsources.org/2021/as-new-school-year-begins-a-focus-on-social-and-emotional-health/659520>
- Social Emotional Learning Basics - <https://www.cde.ca.gov/ci/se/index.asp>
- SEL Roadmap – Collaborative for Academic, Social, and Emotional Learning (CASEL) - <https://casel.org/resources-covid/>
- Supporting Children’s Social and Emotional Health - <https://cachildrenstrust.org/our-work/covid-19/>
- Allcove - <https://med.stanford.edu/psychiatry/special-initiatives/allcove.html>
- MindUP – <https://mindup.org/about/>
- MindUP Research: <https://mindup.org/research/>
- SEL in Teacher Preparation: <https://www.casel.org/wp-content/uploads/2017/02/SEL-TEd-Full-Report-for-CASEL-2017-02-14-R1.pdf>
- Sonoma County Behavioral Health Resources – <https://www.scoe.org/pub/htdocs/families-support.html>
- Coping with Post-Disaster Stress - <https://www.mysonomastrong.com/>

- La Habra City School District Mental Health and Wellness Resources - <https://sites.google.com/lahabraschools.org/mental-health-and-wellness/home>
- Fullerton Unified School District Mental Health & Social Emotional Learning Resources - https://www.fullertonsd.org/apps/pages/index.jsp?uREC_ID=1740702&type=d&pREC_ID=1919222
- County and school partnerships - <https://mhsoac.ca.gov/sites/default/files/County-School%20Partnership%20Matrix%5B2049%5D%20%281%29.pdf>
- Schools as Centers of Wellness - <https://www.mhsoac.ca.gov/document/2020-11/every-young-heart-and-mind-schools-centers-wellness>
- California's Multi-Tiered System of Support (MTSS)- <https://ocde.us/MTSS/Pages/default.aspx>
- Multi-tiered SEL - <https://ccee-ca.org/resources/professional-learning/multi-tiered-social-emotional-and-mental-health-in-distance-learning-2/>
- Governor's Behavioral Health Initiative - <https://edsources.org/2021/unprecedented-california-budget-to-usher-in-sweeping-education-changes/657849>