

Climate Change and Health

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Climate Change and Health – Key Points

- Climate change is the greatest public health challenge of the 21st Century.
- We can create a climate for health: Reducing, Ready, Resilient
- There are many win-win opportunities to simultaneously improve health and address climate change.
- We need faster and more aggressive action to avert catastrophic impacts on our children and grandchildren.



"Climate change is the biggest global health threat of the 21st century... The impacts will be felt all around the world – and not just in some distant future but in our lifetimes and those of our children."

The Lancet



Health Impacts of Climate Change

More extreme temperatures Sea level rise	Heat	Heat stress, cardiovascular failure
Saline intrusion	Extreme weather	Injuries, fatalities
Stronger hurricanes & storm surges	Air pollution	Asthma, respiratory disease, heart disease
concentrations & diminished air quality	Allergens	Respiratory disease, poison ivy/oak
Increased pollen & natural air pollutants	Vector-born disease	Malaria, dengue, encephalitis,
Increased precipitation and flooding	Water-born disease	Cholera, camphylobacter cryptosporidiosis
Increased droughts and water scarcity, water	Food-born disease	Salmonella, shigella
contamination Ocean acidification	Water & food supply	Malnutrition, food insecurity, diarrhea
More frequent wildfires Range of disease vectors	Environmental refugees	Forced migration, civil conflict, immigration
Harmful algal blooms Adapted from J. Patz	Mental health	Anxiety, despair, depression, PTSD

Extreme heat days will increase



Hall, 2013, UCLA LARC



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Credit: NASA.gov

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Higher Temperatures Worsen Air Pollution





Diesel emissions not only pollute and threaten our climate, they also are a major health hazard. (Los Angeles Times)





Photo: Tudor Van Hampton / ENR

Ozone versus Temperature

Climate Change and the Health Gap

ZIP CODE 95219 Life Expectancy health happens

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Health-Care Costs of Climate Events

Climate-related health stressor	Premature Deaths	Hospitalizations	Total Health-care Costs \$\$ (thousands)
Ozone pollution	795	4,150	6,534,642
Heat wave	655	1,620	5,353,425
Hurricane	144	2,197	1,392,833
Infectious disease	24	204	207,447
River flooding	2	43	20,357
Wildfires	69	778	578,640
Total	1,699	8,992	\$14,087,344

Knowlton, Health Affairs, 2011

Creating a Climate for Health

- Reduce GHG emissions
- Get Ready for climate change
- Support climate Resilient communities

Active Transportation and Health

Shift in active transport from <5 to 22 minutes/day (2% to 15% mode share) in Bay Area

- 14% reduction heart disease, stroke, diabetes
- 6-7% reduction depression, dementia
- 5% reduction breast and colon cancer
- Added 9.5 months life expectancy
- 19% increase bike/ped injuies
- \$1.4 to \$22 billion annual Bay Area health cost savings
- >14% reduction in GHG emissions

Annual Health Benefits of Active Transport and Low Carbon Driving in the







Climate Ready and Resilient for Heat and Health

- Buildings:
 - Up-date Green Building and Building Energy Efficiency Standards
- Surfaces:
 - Expand the use of porous pavements
- Urban Greening:
 - Trees green roofs green open space – urban streams
- Extreme Heat Events:
 - Improve Heat-Health Warnings
 - Identify vulnerable populations
 - Protect the energy grid
 - Protect outdoor workers



Strong Action Now to Create a Climate for Health

"If we don't take action regarding climate change, our future generation will be roasted, toasted, fried, and grilled."

Christine Lagarde, Chief, IMF

 "If there is not action soon, the future will become bleak.... My wife and I have two sons...when they grow old, this could be the future they inherit.
Dr. Jim Young Kim, President World Bank

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Bellows J and Rudolph L, 2007