



Improving Older Adult Services: An Approach to the Long-term Care Crisis

*Karen D. Lincoln, Ph.D., MSW, M.A.
University of Southern California
Associate Professor, School of Social Work
Director, Hartford Center of Excellence in Geriatric Social Work
Founder & Chair, Advocates for African American Elders
Senior Scientist, USC Edward R. Roybal Institute on Aging*

How Do We Achieve the Ideal?

Understanding the Service Needs of African American Seniors in Los Angeles County:

Findings from the Advocates for African American Elders Community Survey



July, 2014

Table of Contents

Acknowledgements	2
Executive Summary	3
Introduction.....	8
Demographic Profile	9
Living Arrangements and Economic Conditions	10
Knowledge of Healthcare Policies.....	10
Physical and Mental Health Status.....	11
Social Support and Civic Engagement.....	14
Food Insufficiency	15
Older Adult Services.....	16
Computer and Health Literacy.....	20
Information Dissemination	24
Program and Policy Recommendations.....	25
Increase Access to Services and Programs for African American Seniors	25
Outreach and Education about Programs and Important Policies that Impact African American Seniors	27
Health and Computer Literacy Programs	28
Support Policies that Improve the Economic Conditions of African American Seniors	28
References	31
Study Methods	32
Appendix A.....	33
Survey Instrument.....	33
Appendix B.....	40
Flyer for Data Collection Sites.....	40
Appendix C.....	41
Letter to Site Directors, Managers and Organizers.....	41



Snapshot of Findings from AAAE Community Survey

- 81.5%: Never heard of Coordinated Care Initiative
- 27.3%: Not aware of programs for seniors
- 47.7%: Did not participate in programs for seniors
- 35.2%: Wanted services that were missing

Snapshot of Findings from AAAE Community Survey

- 44.6%: Did not know how to use a computer
- 43%: No access to the Internet
- 23.9%: Not happy with quality of senior services
- 90.9%: More needs to be done to provide quality services to African American seniors

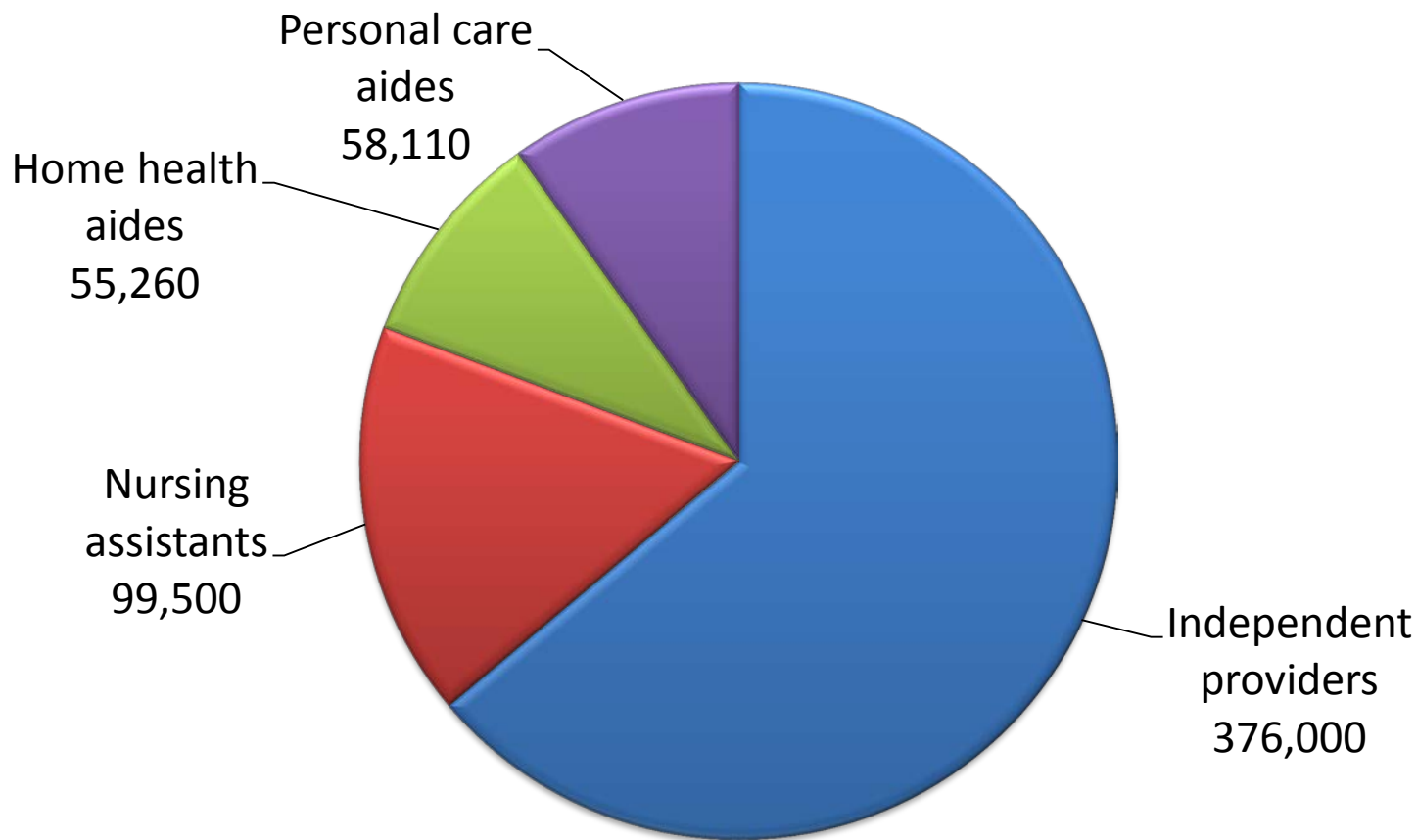
Supportive Social Policies

- California Homes and Jobs Act (SB 391)
- Supplemental Security Income Restoration Act (H.R. 1601)
- Positive Aging Act (S. 525)

Supportive Workforce Provisions (ACA)

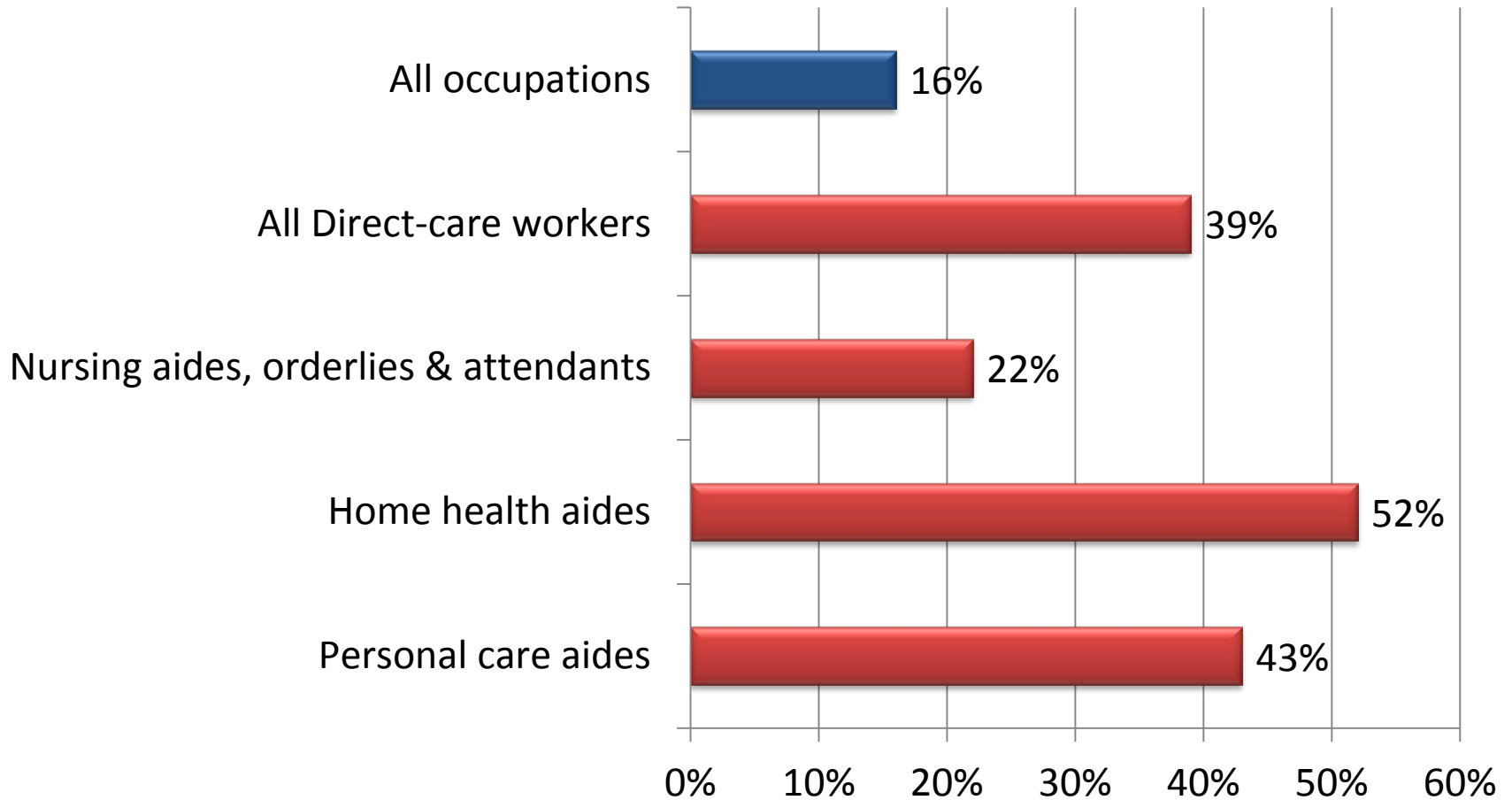
- Geriatrics Health Professions Education and Training
- Total FY2013 Title VII in California: **\$2,632,539**
- Total FY2013 Title VIII in California: **\$247,377**

Size of Paid Direct-Care Workforce in California, 2012



*By 2030, 3.5 million additional
health care professionals and direct-
care workers will be needed
nationwide...*

Occupational Growth Projections for California, 2010-2020



*Nationally, between 2010 and 2030,
women aged 25 to 44 (the typical
direct care worker) will increase by
only 7%...*

Over the next two decades, Los Angeles County will gain 867,000 older adults and lose 630,000 people younger than 25 years old...

The U.S. could have nearly 63,000 fewer doctors than needed by 2015.

That number could double by 2025.

Current and Future Geriatrician Shortfall

- 4.41 million: Number of adults 65 years and older
- 739: Number of certified geriatricians in 2011
- One geriatrician for ever 5,968 older adults
- 2,813: Number of geriatricians we need to train between now and 2030

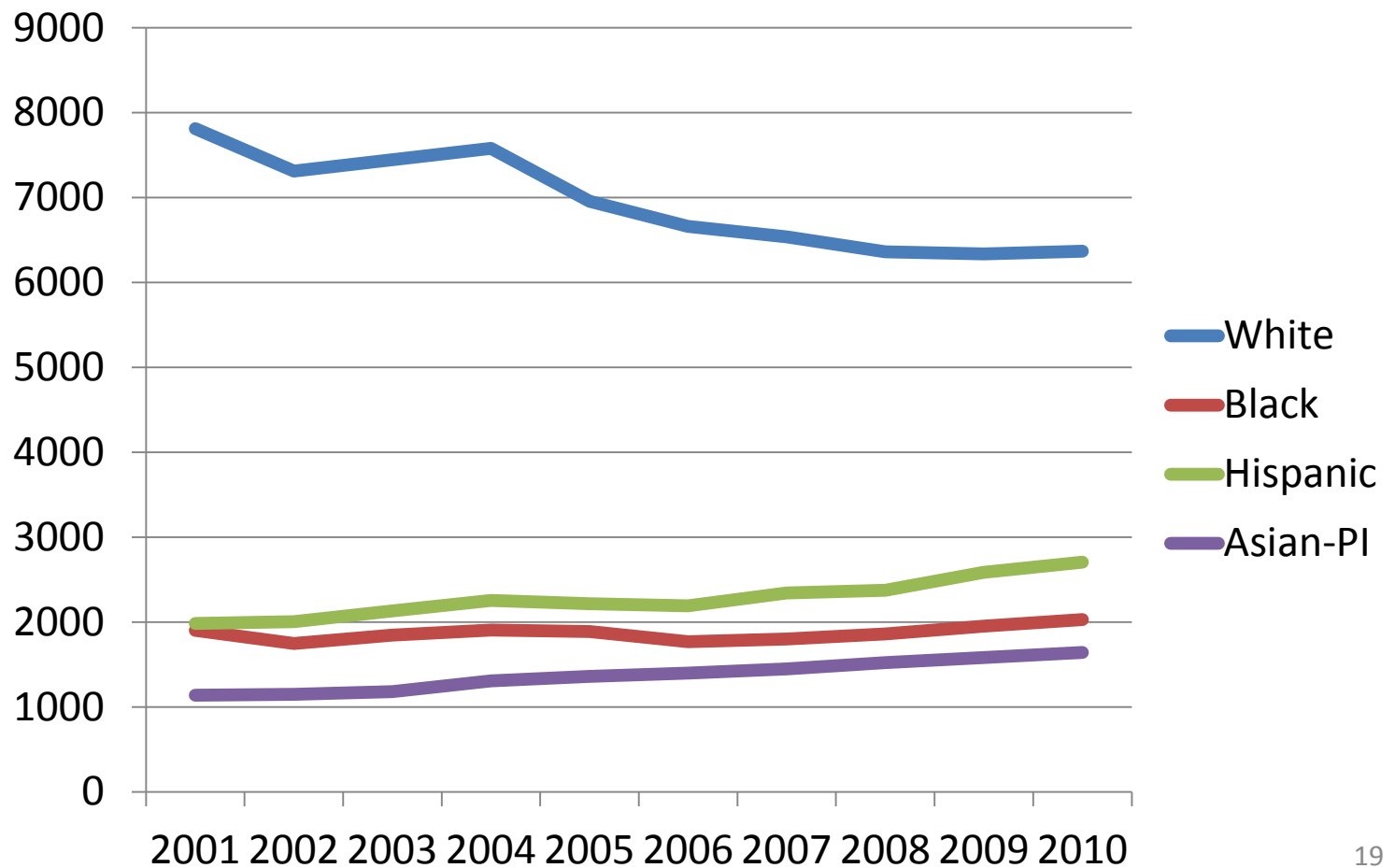
Currently 80% of care is provided
informally by friends and family
members...

California Family Caregivers

- 4,020,000: Number of family caregivers
- \$47 billion: Estimated economic value of unpaid contributions in 2009
- \$14,711,105: Total FY2013 National Family Caregiver Support Program Funding in California
 - \$3.75 per caregiver in California
- 7.7 to 1: family caregiver ratio in 2010
- 4.4 to 1: family caregiver ratio in 2030
- 2.7 to 1: family caregiver ratio in 2050

New Disparity in Nursing Homes: Whites Leave, Minorities Enter

Change in SNF Ethnic Composition in California, 2001-2010



How Do We achieve the ideal?

Improve access and quality of older adult services to vulnerable seniors to reduce the cost of long-term care and increase the quality of life for seniors and their families.