# Future of LTC: The National Dilemma – How to Finance?

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#### **Challenges with Current LTC Financing**

- Managed LTSS moving towards controlling costs and shifting to home and community based services
- Medicaid can not be the solution for middle income people
- Middle income seniors poorly prepared for LTC costs
  - Losses in home equity and retirement following recession
  - Medicaid "safety net" requires spending down of assets



# More Californians have "great deal of concern" about paying for care

41% of Californians

29% of Americans

Associated Press- NORC Center for Public Affairs Research; April, 2013



### Lack of LTC Financing System Put People at Substantial Financial Risk

- Family members provide \$450 billion in unpaid caregiving
- Estimated \$34 billion loss annually in lost revenue/productivity by working caregivers (Alz Assoc 2014 Facts and Figures)
- After age 65 estimates that 70% will need some LTC support during lifetime
- Dementia is leading cause of LTC Insurance claims more than 3 x's that of stroke (next leading cause)



# Financing for Long-Term Care: 1989 and 2010, (\$ billions)

Financing Source	1988	2011
Medicaid	24.4	136.2
Medicare	2.9	62.5
Other payers	5.0	9.7
Out-of-pocket	15.7	45.5
Private insurance and other private	4.0	24.4
Total	52.0	278.3

Source: Truven Health Analytics, various years; Centers for Medicare & Medicaid Services, various years; National Health Policy Forum.

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# Medicaid Expenditures for LTC, 1988 and 2010 (in \$ billions)

Type of Service	1988	2011
Non-institutional LTC Services	2.4	64.3
Nursing home	14.6	52.4
ICF-IID	5.9	13.3
Mental health facilities and mental health DSH	1.5	6.2
Total LTC	24.4	136.2
Total Medicaid	58.6	410.9

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Source: Truven Health Analytics, various years

#### **Private Long-Term Care Insurance**

- "The Dream"
- Market begin in mid-1980s, prior to that long-term care thought to be uninsurable
- 1988: 0.5 million policies; 2010: 7.3 million policies
- After 25 years, about 6% of 45+ have private longterm care insurance; 12% of 65+
- BUT.....



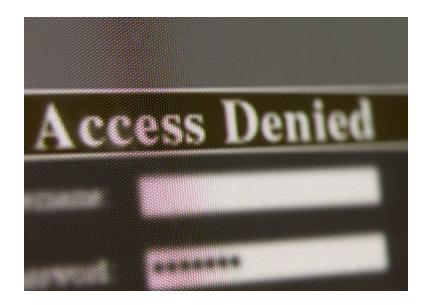
#### **Private Long-Term Care Insurance (cont.)**

#### Market collapse:

- Most insurers exit market
  - 12 companies (2013) actively writing business in CA
  - 45 companies have withdrawn
- Most insurers have substantially raised premiums (100% not unusual), including on existing policyholders
- Tighten underwriting and reduce benefits
- What's going on?
  - Low to negative rate of return on reserves
  - Lower lapse rate than assumed



# Thus, LTC Insurance is Not Accessible to Majority who will Likely Need it.

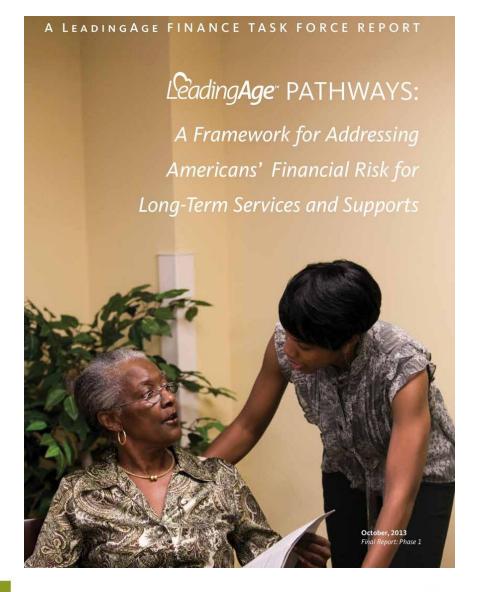




### Possible Options May Include:

- New models of back-end catastrophic coverage
- Front-end insurance with some requirements for purchase for a defined period prior to coverage
- Tax-deferred savings accounts to cover LTSS costs and premiums for LTC insurance
- Less likely comprehensive mandatory prefunded LTSS







## **Potential Pathways**

- 1. Status Quo
- 2. Personal Responsibility
- 3. Private Market
- 4. Private Catastrophic
- 5. Public Catastrophic
- 6. Common
  Good/Public Front
  End
- 7. Comprehensive

Private-Public Spectrum



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#### What Can States Do?

Awareness/ Education	LTCi Access/Affordability	Delivery Reforms
<ul> <li>State-Employer joint education and counseling campaigns</li> <li>LTCi counseling through Health Exchanges</li> </ul>	<ul> <li>Develop new private insurance options/or regulatory reforms</li> <li>Incent LTC purchase or savings via tax policy</li> <li>Offer insurers a government-sponsored or collaborative stop loss program</li> <li>Offer public catastrophic or front-end coverage program</li> </ul>	<ul> <li>Rebalance towards         HCBS</li> <li>Develop work force         initiatives to expand         capacity</li> <li>Conduct EMR         interoperability         demonstrations</li> <li>Develop Caregiver         support centers</li> </ul>

### Minnesota Example

- Minnesota work on LTC Financing Reform
  - Focus on Middle-income individuals
  - Provide LTC planning information for consumers
  - Utilize workplace to educate younger workers
  - Develop insurance products that are simplified, affordable, flexible and portable
  - Consider tax credits for LTC insurance premiums





#### THE IDEAL

- Values: Covering the costs of LTC should not require impoverishment, and then totally reliance on Medicaid as the safety net
- Necessary Components:
  - Some level of public/private solution
  - Focus on service-enriched housing for all income levels
  - Flexibility in benefits and their application
- Barriers: THIS IS HARD STUFF! Our nation has been working on this for decades, yet the crises is only getting bigger
- How do we Achieve the IDEAL: Dialogue! Agreement on potential models of personal responsibility vs. public/private catastrophic coverage

