



RAMPING UP FOR INDEPENDENCE:

**A SIX SESSION TRAINING SERIES FOR TRANSITION-AGE
YOUTH WITH DISABILITIES – AUTISM, CEREBRAL PALSY,
INTELLECTUAL DISABILITIES, ETC. – AND THEIR PARENTS**

Funded by: The State Council on Developmental Disabilities Area Board 5.

Presented by: East Bay Innovations, Ala Costa Center,
Bay Area Outreach and Recreation Program,
Disability Rights Education and Defense Fund, and WorkLink.

At: The Ed Roberts Campus in Berkeley, 3075 Adeline St.

Wednesday, January 18th 6:30-8:30 pm

Dreaming Big and Getting Practical: How to navigate work, housing, relationships, college, and fun after high school.

Wednesday, February 15th 7-8:30 pm

Making Work Work: Taking a close look at employment possibilities.

Wednesday, March 21st 7-8:30 pm

It's Your Move: Exploring housing and living support options.

Wednesday, April 18th 7-8:30 pm

Searching for Relationships: Making connections that matter.

Wednesday, May 16th 7-8:30 pm

Considering College: Learning what's available and how to get it.

Wednesday, June 20th 7-8:30 pm

Recipes for Recreation: Expanding your repertoire for fun.

Space is limited.

Contact lindaratner@comcast.net to register.

Please indicate: 1) name(s) of parent(s) to attend and/or name(s) of youth to attend, 2) which sessions you wish to attend, 3) county of residence, and 4) if accommodations and/or language interpretation needed.

Thank you!