

Aging in Place

Aging in Community



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About the City of West Hollywood

- Population: ~34,000
- 80% tenant
- 60% housing stock is one bedroom & studio apt
- 46% identify as LGBT
- 90% of residents rated their quality of life as excellent or good.



Key Facts

- 13% low income
- Russian community is growing older, becoming smaller, in 2000 15%, now 11%
- Serious mental illness was 2,628 in 2007, 8% of the city's population.



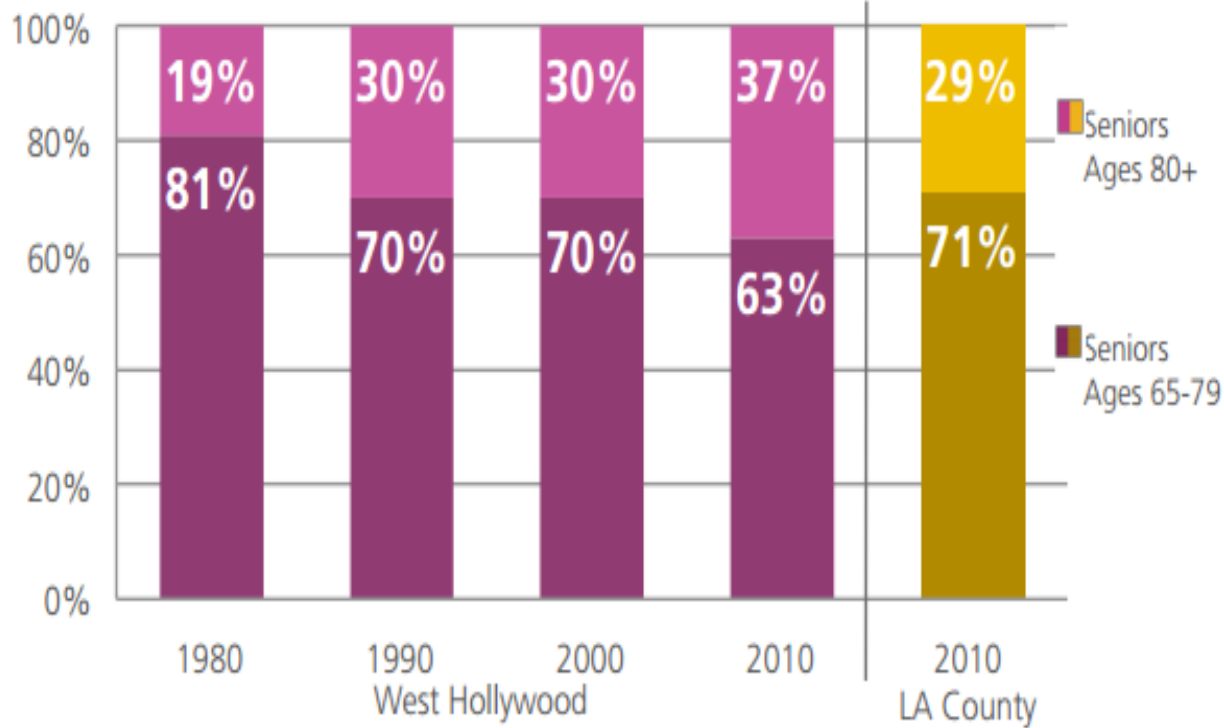
Why “Aging in Place?”

- Weho commitment to its community - \$4.3m of general fund for added social services, 30 contracted agencies
- Serious gaps – frail, long term HIV, LGBT, Russian, senior poverty, need a stronger sense of community



West Hollywood 2013 Community Study Data

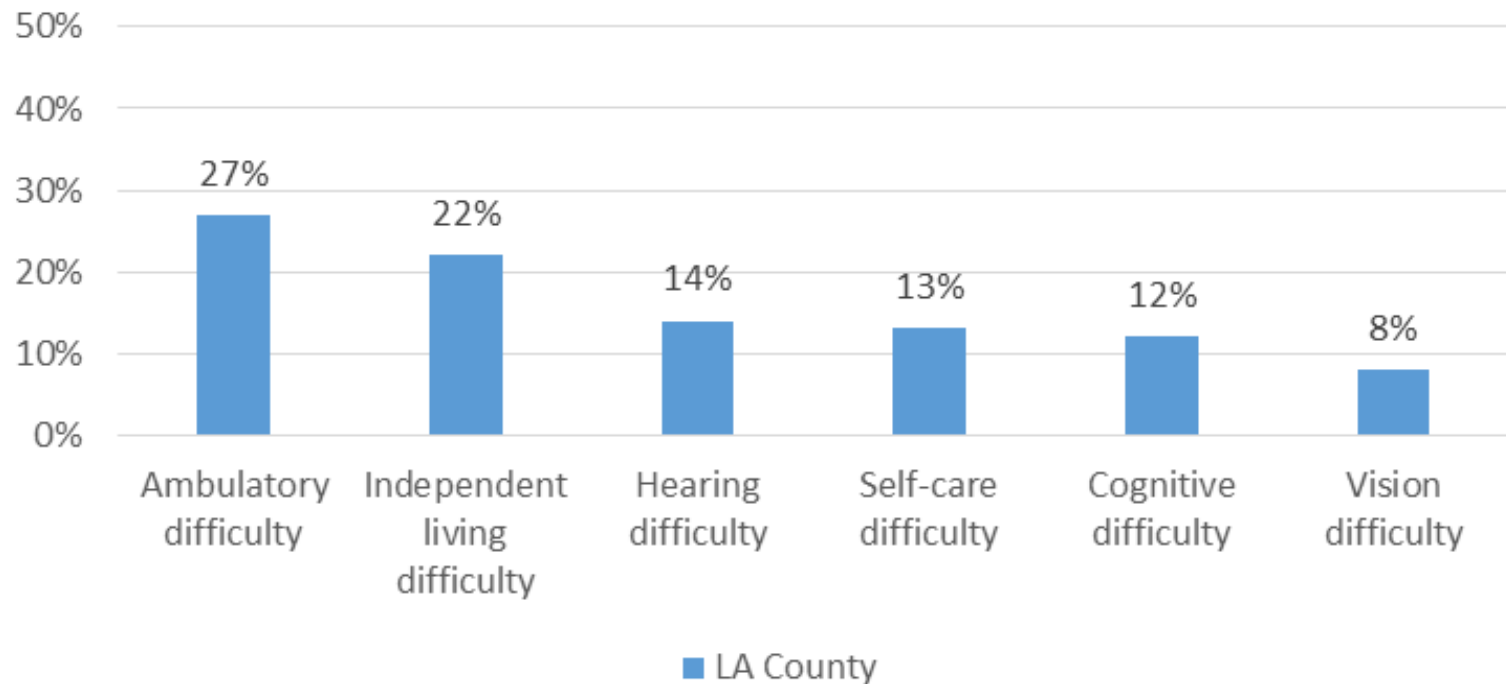
Age 65 and over – Proportion over age 80



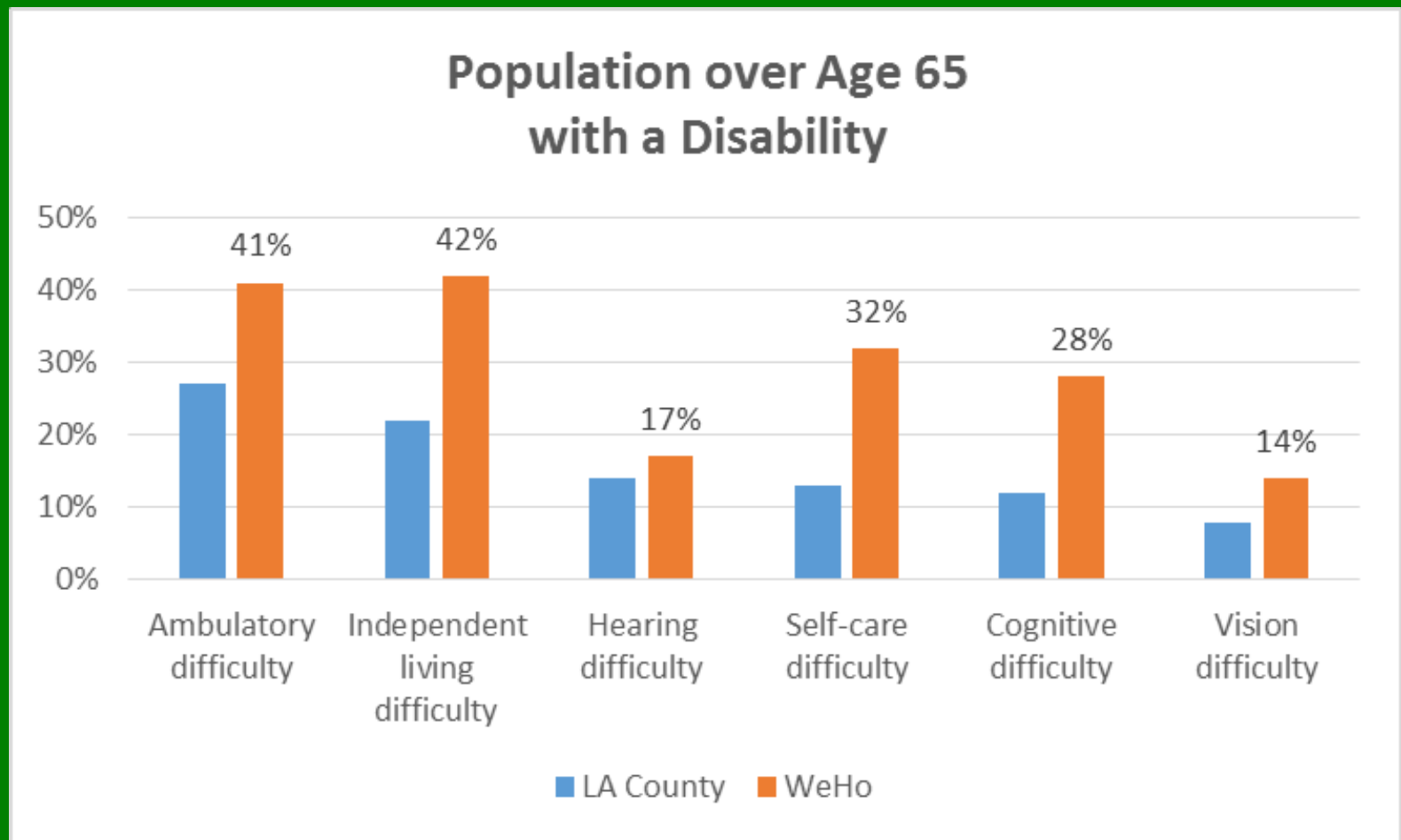
Source: U.S. Census

Key Facts

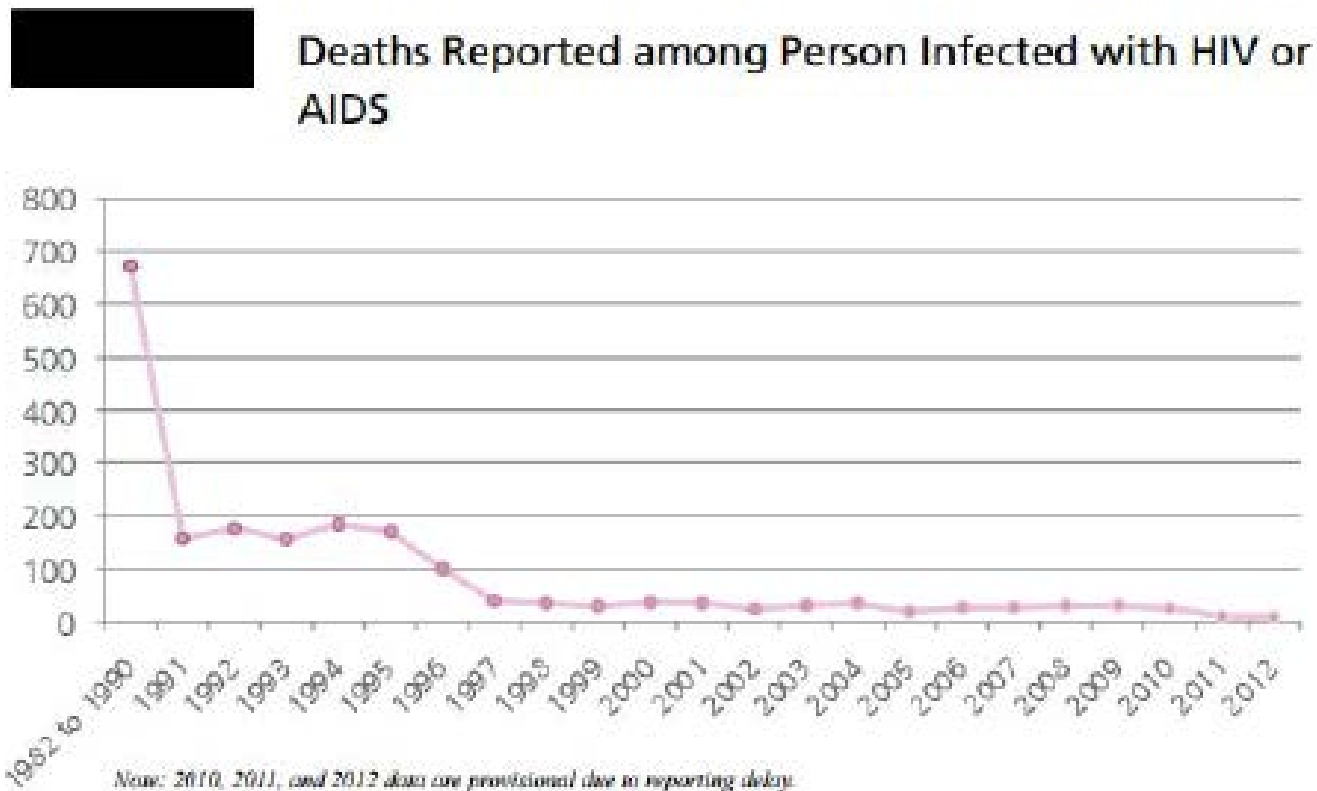
**Population over Age 65
with a Disability**



Key Facts

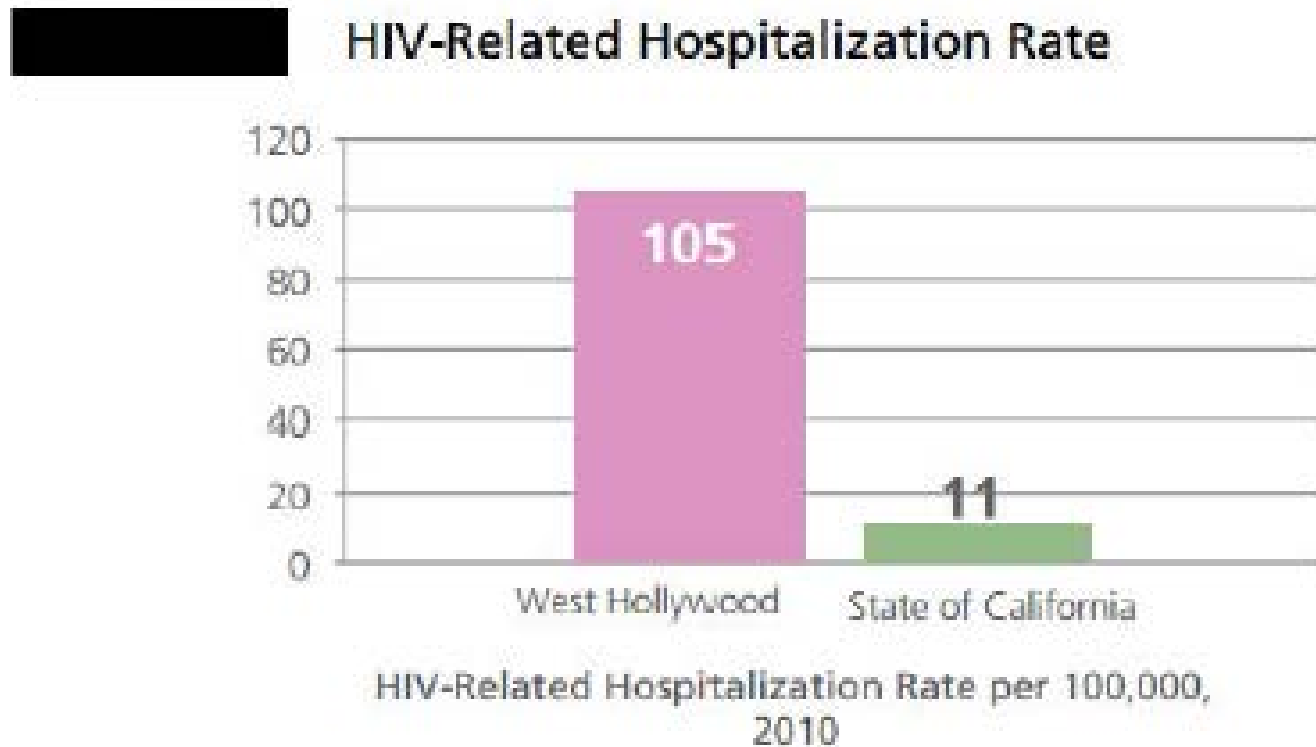


Since 1982: 2,142 deaths from HIV/AIDS, 6% of the city's population



Source: County of Los Angeles Public Health Department, 2013

As of today: 3,830 living with HIV/AIDs, 11.3% of the City's population



Source: California Office of Statewide Health Planning and Development, 2010

Aging in Place Vision

West Hollywood is a caring and supportive city where aging is embraced and persons can remain in the housing of their choice for as long as possible as they safely age with health and dignity.

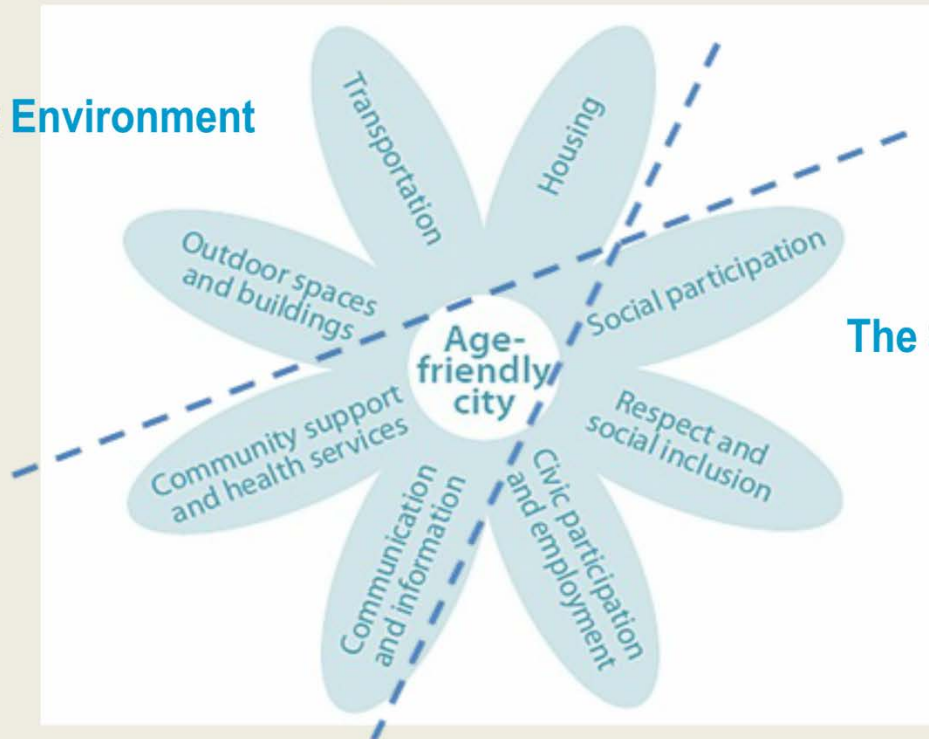
In accordance with...

The **AARP** Network of Age-Friendly Communities

Real Possibilities

Our Vision and the “8 Domains of Livability”

The Built Environment



The Social Environment

Eight Domains of Livability



Open Spaces & Buildings

An age-friendly community includes public places to gather indoors or out, and places where residents can get some fresh air, such as by visiting parks, walking nature trails or just sitting on a bench.



Transportation

An age-friendly community includes ways for older people and non-drivers to get where they need to go.



Respect & Inclusion

An age-friendly community listens to, values and includes its older community members.



Housing

An age-friendly community has housing suitable for older adults.



Communications & Information

An age-friendly community helps older people access the information they need.



Civic Participation & Employment

An age-friendly community encourages ways older adults can stay involved, such as through volunteer work or paid employment.



Health & Community Service

An age-friendly community cares for its older adults and provides ways for them to care for themselves and others.



Social Participation

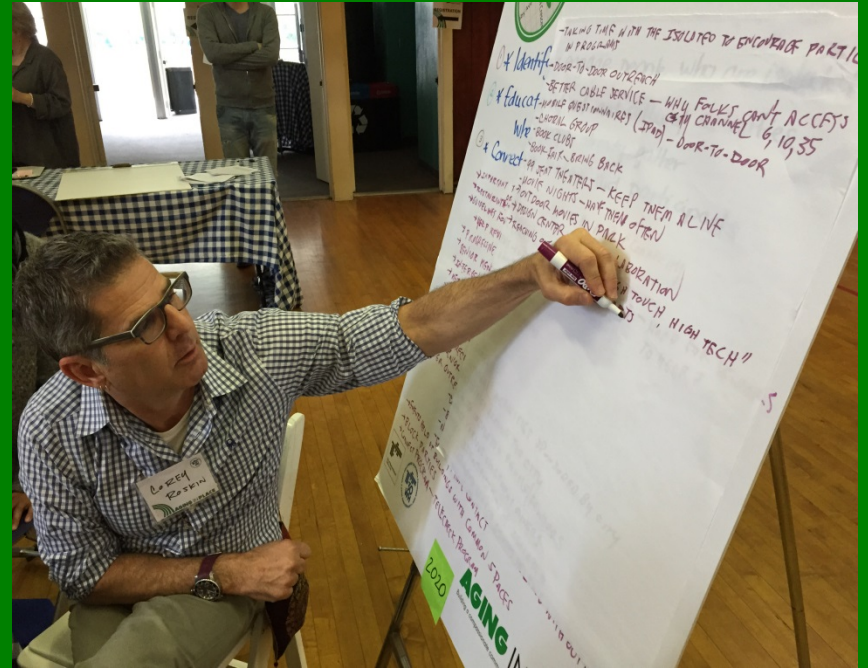
In an age-friendly community, there are places for older adults to go for fun, enjoyable activities for them to do, and ways to stay socially connected.



Community Engagement

- 27+ experts in aging
- 13 City advisory boards and commissions
- 8 focus groups*
- 10 personal stories
- 32 City staff – interdisciplinary team

Community Meeting



May 9, 2015

DRAFT



AGING IN PLACE

AGING IN COMMUNITY

Five Year Strategic Plan 2015-2019

CITY OF WEST HOLLYWOOD



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Sample Strategy

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Domain 4: Housing

An age-friendly community has housing suitable for older adults

What the City Currently Offers

The City offers a wide range of housing resources, including senior housing, rent stabilization, and a variety of affordable housing options. Nonprofits and public agencies provide wellness programs, assistance with in-home caregiving, utility assistance, minor repairs, household chores and personal care, tenant rights counseling and just cause eviction protections.

Where the City is Headed

Many older adults on fixed incomes often face the harsh realities of the high cost of life essentials including food and medical care. Therefore, affordable housing is key to preventing senior poverty and homelessness. Even with the City's commitment to affordable housing, there remains a significant shortage of options that meet the financial, physical, and supportive needs of older adults. Therefore, the City will continue its strong affordable housing programs through addressing age-friendly neighborhoods and local policy, and by encouraging the best use of and improvements to the existing housing stock.

Housing Strategic Priorities and Goals:

Priority 1: Age-friendly neighborhoods

Priority 1 Goals

- Institute the concept of land use planning and business development that provides easy access to those products and services used by older adults ("supermarkets, hospitals, universities, gyms, hair salons")
- Geographic Information System (GIS) mapping of businesses to determine proximity to where people live ("provide mobile app and small printed booklets")
- Encourage new residential construction projects to include shared spaces ("laundry, cooking, food distribution, common space social areas")



Key Findings

- Housing: enforce tenant protections for long-term residents
- Old building infrastructure:
 - Accessibility
 - Second floor apartments, few elevators
- City topography



Key Findings

- Caregivers and cultural competency
- Gathering Places vs. Senior Centers
- Increased Demands on Case Managers
- Need to increase the emphasis on wellness

Sample Strategies from Priority 1

Transit options for range of abilities

- Transit Training
- Safe and convenient options
- Ability to access needed assistance
- Supportive community and network of services

Sample Strategies from Priority 2

Pedestrian-friendly environment

- Audible signals at crosswalks
- Longer crossing times
- Reduce bike traffic on sidewalks



Next steps

Once approved by the City Council:

- Implementation of 22 major strategies over 5 years
- Collective Impact analysis to measure our success

Strategies set across 5 years

- ***Year 1:*** Define program metrics and measurements, budget if needed
- ***Year 2:*** Pilot program
- ***Year 3:*** Evaluate and revise
- ***Years 4-5:*** Continue effective programs

Each year, evaluate the progress towards Aging in Place Strategic Plan delivery.

The End – not exactly

